

**HIGHER UNIVERSITY TECHNICIAN IN AQUACULTURE  
PROJECTS SPECIALIST  
PROFESSIONAL COMPETENCIES**

**COURSE SYLLABUS WITH BREAKDOWN OF THEMATIC UNITS**

<b>1. Course Name</b>	<b>Sociocultural Training I</b>
<b>2. Competencies</b>	Act with values and proactive attitudes of excellence and in harmony with their surroundings to develop personal, social and organizational potential.
<b>3. Fourth Month Period</b>	first
<b>4. Practical Hours</b>	22
<b>5. Theoretical Hours</b>	8
<b>6. Total Hours</b>	30
<b>7. Week Total Hours Four Month Period</b>	2
<b>8. Course Objective</b>	To integrate a plan for life and a career based on values and in harmony with their surroundings.

Theme Units	Hours		Total
	Practical	Theoretical	
I. Sustainable Development	11	4	15
II. Life Plan and Career	11	4	15
<b>Total:</b>	<b>22</b>	<b>8</b>	<b>30</b>

**WRITTEN BY:** COMMITTEE OF DIRECTORS OF THE TSU  
CAREER IN AQUACULTURE

**APPROVED BY:** C. G. U. T.

**REVISED BY:** ACADEMIC AND LIAISON COMMISSION OF THE  
AREA

**EFFECTIVE DATE:** SEPTEMBER 2009

**F-CAD-SPE-28-PE-5B-01-A2**

# SOCIOCULTURAL TRAINING I

## THEMATIC UNITS

<b>1. Thematic Unit</b>	<b>I. Sustainable Development</b>
<b>2. Practice Hours</b>	11
<b>3. Theoretical Hours</b>	4
<b>4. Total Hours</b>	15
<b>5. Objective</b>	The student will reflect on an alternative development model to improve the quality of life.

Themes	Learning to know	Learning to do	Learning to be
Globalization: Economic, Cultural, Identity	Be able to recognize, in a globalization situation, the internationalization without the loss of identity.	Be able to recognize the insert concepts in globalization with its integral development.	Respectful Responsible
Axes of Sustainability; Ecological, Social, Economic, Spiritual, Politician, Intellectual	Be able to explain the benefits of adopting a sustainable development model	Be able to propose an alternative model for human development that considers the axes of sustainability	Respectful Responsible

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# SOCIOCULTURAL TRAINING I

Evaluation Process		
Learning outcomes	Learning sequence	Instruments and type of reagents
<p>Elaborate, through a situation, a proposal of justified actions focusing on the sustainability development for a given organization</p>	<ol style="list-style-type: none"> <li>1. Understand the concepts related to sustainable development.</li> <li>2. Relate these concepts to their own integral development.</li> <li>3. Analyze the benefits of adopting a sustainable development model</li> <li>4. Suggest actions from the approach of sustainable development.</li> </ol>	<p>Case analysis Checklist</p>

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# SOCIOCULTURAL TRAINING I

Teaching Learning process	
Methods and teaching techniques	Media and didactic materials
Sociodrama Interview Case Analysis	Video, posters, internet, library, magazines, newspaper, music and lyrics, advertisements, acetate paper, projector, computer, board, flipcharts

Learning Space		
Classroom	Laboratory / Workshop	Company
X		

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# SOCIOCULTURAL TRAINING I

## THEMATIC UNITS

<b>1. Thematic Unit</b>	<b>II. Life and Career Planning</b>
<b>2. Practice Hours</b>	11
<b>3. Theoretical Hours</b>	4
<b>4. Total Hours</b>	15
<b>5. Objective</b>	The student will write a short, medium and long term life and career plan for his/her self-fulfillment.

Themes	Learning to know	Learning to do	Learning to be
Human Development	Describe the concept of the human development from different aspects: <ul style="list-style-type: none"> <li>- spiritual</li> <li>- biological and social</li> <li>- labor and professional</li> <li>- intellectual</li> </ul>	Propose activities that stimulate the integral human development	Respectful Responsible Analytic Introspective
Life and Career Planning	Identify the components that integrate a life and career plan	Elaborate a life plan addressed to self-fulfillment in a short, medium and long term	Respectful Responsible Analytic Introspective

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Evaluation Process		
Learning outcomes	Learning sequence	Instruments and type of reagents
<p>Perform a life plan and career that includes values, healthy personality and sustainable development</p>	<ol style="list-style-type: none"> <li>1. Understand the concept of the human development from a spiritual, biological, social, professional and intellectual way.</li> <li>2. Identify the activities that stimulate the integral human development.</li> <li>3. Realize these activities and concepts with their daily actions.</li> <li>4. Identify the components that are included in a life plan and career.</li> <li>5. Elaborate a life plan addressed to self- realization.</li> </ol>	<p>Project Checklist</p>

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Teaching learning process	
Methods and teaching techniques	Media and didactic materials
Sociodrama Debating collaborative teams	Video, posters, internet, library, magazines, newspaper, music lyrics, publicity, acetates, projector, computer, board, flipcharts

Learning Space		
Classroom	Laboratory/Workshop	Company
X		

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# SOCIOCULTURAL TRAINING I

## CAPACITIES DERIVED FROM THE PROFESSIONAL COMPETENCES TO WHICH THE COURSE CONTRIBUTES

Capacity	Performance Criteria
Identify the values from a theory to assign hierarchy.	Identify the level of values from a given situation, negative or positive, according to his/her material, intellectual and spiritual axes.
Analyze human behaviors to understand its meaning.	Discuss rationally the significance of real situations.
Evaluate his/her own value system to identify shortcomings, strengths, and opportunities for personal growth.	Conduct a self-critical analysis of his/her performance.
Write a life plan considering personal and professional objectives and interaction with his/her surroundings.	Elaborate a life plan that includes personal and professional objectives according to his/her own value system.

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## BIBLIOGRAPHY

Author	Year	Title	City	Country	Publisher
Juan Lafarga y Gómez del Campo, José.	(1978)	<i>Desarrollo del potencial humano. Volúmenes 1 y 2.</i>	México	México	Trillas
Días, Jesús, Rodríguez, Carlos, Estrada Javier y García María	(1988)	<i>El trabajo en equipo.</i>	México	México	Sitesa
Rodríguez Carlos y García María.	(1988)	<i>Jefe hoy, mañana dirigente.</i>	México	México	Diana
Urdaneta Ballen, Orlando.	(2000)	<i>Desarrollo del capital humano en el escenario de la globalización, el 3/ed.</i>	México	México	Panamericana
Sanchez-Fuentes, Francisco	(2003)	<i>Perfil humano del líder / desarrollo y formación de líderes.</i>	México	México	Contenidos de formación integral
<u>Riccardo Ricciardi,</u>	(2001)	<i>El arquitecto del desarrollo humano y organizacional,</i>	México	México	<u>Macchi</u>
Albach, Horst.	(1999)	<i>Globalización.</i>	México	México	Díaz de santos
Roitman Rosenmann, Marcos	(2006)	<i>El pensamiento sistémico</i>	México	México	Siglo XXI
Joseph O'Connor	(2008)	<i>Introducción al pensamiento sistémico.</i>	México	México	Urano

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<b>Author</b>	<b>Year</b>	<b>Title</b>	<b>City</b>	<b>Country</b>	<b>Publisher</b>
Lewicki. Ed.	(1990)	<i>Desarrollo organizacional.</i>	México	México	Noriega Limusa

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